

Exentia

P R I V A T E S P A E X P E R I E N C E

T R I E S T E





A warm
welcome from the
Benvenuti family



SINCE 50 YEARS, THE ART OF HOSPITALITY

One day of 1992, Gilberto Benvenuti, a Venetian, discovered this unique site from the promontory overlooking Grignano Bay, that very sea, which, a century earlier, saw the reflection of Sissi's imperial beauty, a genius loci which he embraced and transferred to the management of the Riviera & Maximilian's Hotel.

Today, Hedy, Alex and Susy Benvenuti carry on the family's legacy with the passion, art and style inherited from Gilberto.

Our vocation and hospitality are always characterized by both innovation and tradition, open to every guest with the latest features and our expertise of true Well-Being:

Exentia Private Spa



Exentia

Private SPA Experience

TRIESTE



Personal Well-Being between earth and sea

Trieste and its sea: a fascinating and captivating site surrounded by white cliffs, the rocks of the Karst and famous castles; a secret bond between matter and water, beauty and power, nature and architecture.

Every trace of man, from every time period, owes its essence to this wild trait of the Adriatic Sea: an ancient, changing and powerful sea that encloses in itself Italy and the exoticism of the Mediterranean sea and that defines all major European cultures.

Facing the Miramare Castle and surrounded by the tall pine trees of the Grignano Bay, the Riviera & Maximilian's Hotel has created Exentia, a spa where your mind, body and soul can relax in every season: a personal space for you to access privately and satisfy all your needs, from relaxation, to beauty and health.

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THE PRIVATE SPA

TIME, COMFORT AND WELLNESS SHAPED AROUND YOU

Relaxation, privacy and effectiveness:

these are the core elements through which Exentia cultivates and guarantees the effectiveness of your complete well-being. Exentia is characterised by its exclusiveness and treatments can be booked only by a limited number of guests. It is a temple with the unique traits of the Adriatic Sea, to be admired through the large windows of the spa, thus helping you relax and enriching the numerous services and treatments.

Wonderful areas to enjoy in complete privacy, as they reflect the magic and the intimacy of the atmospheres of the Karst.

The technologies, equipment and programmes are completely dedicated to your personal holistic care;

The dermo-cosmetic products are all Italian products, a perfect touch for your skin through science and nature;

The passion and the expertise of our wellness & beauty team, selected and trained to offer every guest a unique and specific well-being;

A perfect and measured balance, in each area, where the fine coatings resembling the waves, the black marbles lined with white together with the light blue of the sea create a refined and private environment.



THE EXENTIA WATERS

CUSTOMISED WELL-BEING

All the wisdom, marvels and virtues of the Karstic sea are combined in the intimacy and privacy of the Exentia spa: **a journey with relaxing, toning, detoxifying features designed for you to live at full the intimacy of your stay and dedicate your time to your personal health and beauty. Time that will be beneficial and well-deserved.**

THE ENTRY TO THE PRIVATE SPA INCLUDES:

Finnish Sauna with seaview, steam-bath, emotional showers, ice-fall and stream shower, salt relaxation, relaxation area with tea, fruits and nuts, and outside solarium.

⋮ € 60.00 per person for 3 hours

⋮ € 90.00 per person for 5 hours



THE EXENTIA SPECIAL

Further to the traditional wellness area, Exentia Spa offers a very special area which represents the special care and attention to our guests and their well-being:

"ELYSIUM SUITE SPA" FOR TWO

Heart to heart, supreme well-being

The complicity and the harmony of a couple enveloped by the steam bath, the delicate fragrances of the double tub and the slow, intense warmth of the Finnish sauna, and refreshed by the comfort and the flavours dedicated to you in the relaxation area with seaview.

⋮ € 149.00 for 2 hours (for 1-2 persons)

⋮ € 204.00 for 3 hours (for 1-2 persons)

⋮ € 800.00 for the whole day (for 1-2 persons)

⋮ € 140.00 for every additional person (max. 4 persons)

NOTES

The Spa bag includes a bathrobe, a bathtowel, a pareo and slippers.
If booked in advance, you can also rent the spa all for yourself, also at night

BIO-COSMESIS

A NATURAL TOUCH AND THE ART OF WELL-BEING

The Bio-Cosmesis Herbal Touch, selected and adopted exclusively by Exentia, is a special choice dedicated to you, to your skin and to your person.

A complete and multi-functional line with formulas of excellence, so even when you are at home you can take care of your body tone, vigour and full face and body brightness, guaranteeing:

CONCRETE RESULTS

DIVERSIFIED TREATMENTS

PUTTING INDIVIDUALITY FIRST



- RARE AND HIGHLY EFFECTIVE ACTIVE PRINCIPLES FOR YOUR SKIN
- NATURAL OILS (FROM FIRST COLD PRESSING)
- PURE ESSENTIAL OILS
- SILKY TOUCH TEXTURE
- IMMEDIATE AND LONG-LASTING RESULTS



- GMOS
- ALLERGENS
- MINERAL OIL AND PARAFFINS
- SILICONES
- PROPYLENE GLYCOL
- PARABENS
- ETHOXYLATES



TREATMENTS AND PROGRAMMES

JUST LIKE THE SEA IS ALWAYS DIFFERENT BUT ALSO ALWAYS ITSELF, ALSO OUR WELL-BEING MOVES WITH OUR LIVES

Be it a short break or the reason of our holiday, staying at Exentia means discovering the concept of well-being **and finding a personal shelter where you can completely dedicate your time to fun, vigour and relaxation.**

BODY, BEAUTY AND SENSES, THE METHOD EXCLUSIVELY FOR YOU: THE 3 PERCEPTIONS OF WELL-BEING

IMPROVING the **PHYSICAL**
perception of well-being



by eliminating rigidity and tensions from your body

ENHANCE the **AESTHETIC**
aspect of well-being



by treating your skin and making it fresh and bright, modelling the shapes and giving renewed vigour to your body

REBALANCING your **SENSORIAL**
perception of well-being



by relieving stress and awakening your emotions



View from the spa

SENSES & ENERGY. THE HATMA SPACE

HATMA - ESSENCE (Hatma - Essenza)

Dream and awakening treatment: anti-stress and for a good sleep, gently elasticizes body and mind

Expert manual techniques and warm oils are gently applied on different parts of your body simultaneously. Every tension and pain on your joints is eliminated; the muscles relax and an intense sense of lightness goes through your body.

Total body massage (including head) + hot towels ritual – 50 min. € 98.00

HATMA - ARMONY (Hatma - Armonia)

Eliminates muscle tension, awakens the 5 senses.

A long and soothing massage that generates a gentle flow, helps you relax through warm oil and thin grains of Herbal Powders and allows you to recover all your energy. The body changes together with the mind and reaches a state of peace.

**Total body massage + warm oil dripping + plus massaged application of Herbal Powders
50 min. € 119.00**

+ face and scalp massage - 80 min. € 155.00

HATMA RAYSANA FACIAL TREATMENT

(Hatma - Raysana viso)

Special anti-ageing treatment with lifting effect

Nature, tradition and innovation combined in one powerful treatment: a flow of energy going from the body to the face designed to give firmness and a youthful appearance to the features. Rebalancing wrap, compression and decompression massage of the joints, foot bath with Salts from the Dead Sea and Herbal Powders, scalp massage.

**Facial, head and joints massage + mask + foot bath
80 min. € 129.00**

HATMA - 4 HAND MASSAGE (Hatma - 4 mani)

Rediscover a total perception

A massage performed by two operators: double stimulations, double physical and mental distension to amplify the perception of the entire body and increasing the sense of energy and lightness.

Total body massage – 50 min. € 135.00

HATMA – KUNDALINI TREATMENT

(Hatma - Kundalini)

Eliminates all muscle and joint rigidity of the backbone

A long and restorative massage, performed with special Hatma cushions. Relaxing foot bath, Herbal Powder poultices and other precious decongestant ingredients.

**Total body massage + localised poultices
50 min. € 95.00**

RECOMMENDED PROGRAMMES

DAY SPA € 170.00

1 Entry to the wellness area for 3 hours
1 "Hatma Armonia" treatment – 50 min.

WEEK END SPA € 307.00

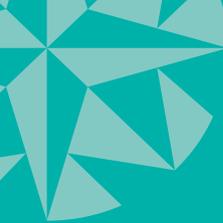
2 Entries to the wellness area for 3 hours each
1 "Hatma Armonia" treatment – 80 min.
1 "Serenity" massage - 25 min.

WEEKLY SPA € 612.00

5 Entries to the wellness area for 3 hours each
1 "Hatma Armonia" treatment
+ scalp and face massage (during application of body treatment) - 50 min.
1 "Hatma Raysama" facial treatment – 80 min.
1 "Hatma Kundalini" treatment – 50 min.



The original and unique structure of the Hamta space allows us to treat all parts of the body simultaneously. The operator and the special handiwork come together harmonically, creating the Hatma Package, able to take the guest through a unique and once-in-a-lifetime experience of harmony and well-being.



THALASSO PERFECT FIGURE

SALTS SLIM TREATMENT (Trattamento Sali Slim)

Draining manual technique with precious oils, salt mixtures from the Dead Sea with trace elements and stimulant emulsions for an immediate sense of well-being and relaxation, a light body, a softly moisturized skin.

Total body massage + massaged application of salt mixture – 50 min. € 105.00

SEAWEED SLIM TREATMENT

(Trattamento Alghe Slim)

A pleasant and effective aid to stimulate weight loss, shape the figure and revitalize the skin: deep manual technique in synergy with relaxing and soothing drainage, seaweed from Brittany and Salts from the Dead Sea to reactivate the metabolism and detoxify the body.

Total body massage + seaweed application with draining massage – 50 min. € 107.00

MUD SLIM TREATMENT

(Trattamento Fango Slim)

Stimulating manual technique with warm and revitalizing oils that regenerate the skin, poultice with tangible effect against cellulite and “orange peel” skin to enjoy the shape of your body once again.

Total body massage + mud application through localised massage – 50 min. € 105.00

Total body massage + mud application through localised massage – 40 min. € 90.00

LIPOFLASH SLIM TREATMENT

(Trattamento Lipoflash Slim)

Stimulating and regenerating manual technique, hot towels with a strong anti-radical, anti-cellulite, draining and slimming effect: a perfect solution to help you lose weight and give new balance to your figure.

Total body massage + localised bandaging 50 min. € 101.00

LIPOSTONE SLIM TREATMENT

(Trattamento Lipotone Slim)

Dynamic and stimulating manual technique, cold bandages with a strong firming effect. Gives an immediate, pleasant and relaxing sensation to tired and swollen legs. Perfect for toning and elasticizing tissues.

Total body massage + localized bandaging 50 min. € 101.00

WARM SALT TREATMENT

(Trattamento Caldo Sale)

The embrace of the sea and all the energy of the sun are contained in the Salt grains used for this treatment. A balancing massage to soothe away tensions and fatigue, that, together with precious oils and butter remineralizes the skin for deep relaxation.

Total body massage + massaged application of salt mixture - 50 min. € 105.00

+ face and scalp massage - 80 min. € 140.00

TREASURES AND KNOWLEDGE OF THE SEA TO RESHAPE YOUR FIGURE



RECOMMENDED PROGRAMMES

DAY SPA € 159.00

- 1 Entry to the wellness area for 3 hours
- 1 "Alge Slim" treatment with facial pampering (during application of body treatment) – 50 min.

WEEKEND SPA € 288.00

- 2 Entries to the wellness area for 3 hours each
- 1 "Sali Slim" treatment – 50 min.
- 1 "Modellante" or "Multimetodi Balance" body massage – 50 min.

WEEKLY SPA € 607.00

- 5 Entries to the wellness area for 3 hours each
- 1 "Sali Slim" treatment – 50 min.
- 1 "Modellante" or "Multimetodi Balance" body massage – 50 min.
- 1 "Drenatox" poultice – 30 min.
- 1 "Fango Slim" localised treatment – 40 min.



HERBAL REMISE EN FORME

WHAT WELL-BEING TRULY LOOKS LIKE

BODY PEELING TREATMENT

(Trattamento Peeling Corpo)

Stimulating peeling massage that reactivates superficial circulation: the warmth of the fragrances and of the herbs on your body purify your skin and drain the liquid excesses.

Total body massage + precious herbs peeling
50 min. € 102.00

FLAT STOMACH TREATMENT

(Trattamento Ventre Piatto)

The ideal treatment to decongest your abdomen, sensibly reducing abdominal swelling. Help reduce the excess fat and find again that pleasant feeling of lightness.

Total body massage + localised massaged application – 50 min. € 90.00

TONIFYING TREATMENT (Trattamento Tonificante)

An exclusive technique, compression and decompression manual technique to eliminate toxins, eliminate tension and gain a renewed vigour. Your shape will be visibly redefined, the skin relaxed and firmer.

Total body massage + total body poultice
80 min. € 149.00

RE-ENERGIZING LEG TREATMENT

(Trattamento Defaticante Gambe)

Direct, indirect and reflected manual technique to reactivate the circulation, reduce swelling and stimulate drainage. Acts effectively and gives a pleasant, long-lasting sense of relief and lightness.

Total body massage + localized abdomen/legs poultice – 50 min € 95.00

RECOMMENDED PROGRAMMES

DAY SPA € 154.00

- 1 Entry to the wellness area for 3 hours
- 1 "Peeling corpo" treatment – 50 min.

WEEKEND SPA € 332.00

- 2 Entries to the wellness area for 3 hours each
- 1 "Peeling corpo" treatment – 50 min.
- 1 "Tonic o Modellante" massage of your choice based on your needs – 50 min
- 1 "Reprogramlift4" facial massage – 20 min.

WEEKLY SPA € 589.00

- 5 Entries to the wellness area for 3 hours each
- 1 "Peeling Corpo" treatment – 50 min.
- 1 "Defaticante Gambe" treatment – 50 min.
- 1 "Modellante" or "Multimetodi Balance" massage of your choice based on your needs – 50 min.
- 1 Facial "Drenaton" massage - 20 min.



EXENTIA SUN

A PERFECT TAN AND A WELL-HYDRATED AND BRIGHT SKIN

PRE-SUN BODY TREATMENT

(Trattamento Pre-Solare Corpo)

A treatment to enjoy and make the most of the sun, while showing off an intense and long-lasting tan. Protects the skin tone and vigor, helps cell turnover and stimulates production of collagen.

Total body massage + remineralizing scrub

50 min. € 102.00

PRE-SUN FACIAL TREATMENT

(Trattamento Pre-Solare Viso)

Get ready for summer for a perfect tan to show off every day. Double action scrub to increase the cell turnover and to revitalize the skin, nourishing butter and precious oils.

Facial massage + regenerating scrub

25 min. € 54.00

AFTER-SUN FACIAL TREATMENT

(Trattamento Post-Solare Viso)

A treatment to revitalize the skin while keeping your tan bright and unaltered. A triumph of Hyaluronic Acid with triple molecular weight, nourishing oils and a revitalizing mask to plump up and protect the face.

Facial massage + mask - 25 min. € 54.00

NUTRIHAIR POULTICE (Impacco Nutrihair)

The best remedy for shiny, voluminous and strong hair after the sunbath. Scalp massage and nourishing and rehydrating poultice. Precious butter for noticeably soft hair.

Localized application - 25 min. € 45.00

SOOTHING AFTER-SUN POULTICE FACE AND BODY

(Impacco Lenitivo Post-Solare Viso/Corpo)

Deeply soothes skin after a long sunbath. Revives the tan and makes it long lasting. A moisturizing, regenerating and refreshing poultice, for a more elastic and well-hydrated skin.

Total body application - 50 min. € 70.00



- GMOS
- ALLERGENS
- MINERAL OIL AND PARAFFINS
- SILICONES
- PROPYLENE GLYCOL
- PARABENS
- ETHOXYLATES

Enjoy the sun comfortably and light-heartedly.



MAN SPA

CHARM AND ENERGY FROM THE HEART OF THE KARSTIC NATURE

METHODE FACIAL TREATMENT

(Trattamento Viso Methode)

Renewed vigour and intense brightness, a treatment that oxygenates and purifies the skin in depth, tones up the tissues, eliminates the signs of fatigue.

Treatment + facial massage with sequential application 50 min. € 90.00

AROMATHERAPEUTIC AND BIODYNAMIC FACE CLEANSING

(Pulizia Viso Aromaterapica Biodinamica)

A cleaning and refreshing treatment to stimulate the skin and free it from all impurities. A mixture of specific Waters to regularize the pH, trace elements and precious essences, thus reactivating cellular renewal, absorbent and revitalizing masks.

Face cleansing + massage through sequential application 50 min € 65.00

FLAT STOMACH TREATMENT

(Trattamento Ventre Piatto)

Designed to eliminate annoying puffiness and stimulate excess fat reduction on the stomach: poultice of a precious synergy of herbs or mud from the Dead Sea, together with a localised massage and one on the rest of the body to complete the treatment.

Total body massage + localized application 50 min. € 90.00

BODY&MIND RELAX TREATMENT

(Trattamento Body&Mind)

Aimed to relax muscle fibres, enveloping manual techniques with warm oil and precious Herbal Powders: a relaxing and balancing treatment to get back in shape.

Total body massage + massaged application of Herbal Powders – 50 min € 105.00

SERENITY MASSAGE (Massaggio Serenity)

Holistic facial, scalp and shoulder massage: a localised and concentrated action to soothe the mind, bringing balance to the body, mind and spirit.

Localized massage – 25 min. € 48.00

RECOMMENDED PROGRAMMES

DAY SPA € 157.00

1 Entry to the wellness area for 3 hours
1 "Body&Mind" treatment - 50 min.

WEEKEND SPA € 251.00

2 Entries to the wellness area for 3 hours each
1 "Pulizia Viso Aromaterapica" treatment - 50 min.
1 "Multimetodi Balance" massage - 50 min.

WEEKLY SPA € 546.00

5 Entries to the wellness area for 3 hours each
1 "Body&Mind" treatment - 50 min.
1 "Decongest" massage - 50 min.
1 "Methode" facial treatment - 50 min.



SPORTS

SAILING, WATER SKIING, CYCLING, GOLF
LIVING THE BEFORE AND AFTER OF EVERY CHALLENGE IN TOTAL WELL-BEING

SALT TREATMENT SPORT

(Trattamento Sali Sport)

Ideal after any physical activity. A warm and stimulating activity with a sea breeze fragrance, decongests the lactic acid accumulation and the waste created during the physical activity.

Total body massage + massaged application of warm salt mixture – 50 min. € 105.00

BODY BACK RELAX TREATMENT

(Trattamento Body Back Relax)

Manual technique to eliminate joint and muscle rigidity of the backbone and of the legs, to rediscover both energy and psychophysical balance.

Poultice of Herbal Powders and other precious re-energizing essences.

Total body massage + localized poultice 50 min. € 90.00

DECONGEST MASSAGE

(Massaggio Decongest)

Manual technique to decontract muscles and joints, rebalancing your posture and bringing your body back to a state of elasticity and dynamism and eliminating all the psycho-physical alterations caused by congestions and rigidity.

Total body massage – 50 min. € 78.00

MULTI-METHOD MASSAGE SPORT

(Massaggio Multimetodi Sport)

Preparatory manual technique to face successfully a physical performance with a draining and invigorating effect for the circulatory system.

To face at best every effort and activity.

Total body massage – 50 min. € 78.00

PODOSPA TREATMENT (Podospa)

A special re-energizing foot treatment after a physical activity, spreads well-being from the base of the body to the psychophysical structures of the person.

Foot bath with precious essences, decontracting massage, poultice with warm salts - 40 min. € 65.00



RECOMMENDED PROGRAMMES

DAY SPA € 157.00

- 1 Entry to the wellness area for 3 hours
- 1 "Sali Sport" treatment – 50 min.

WEEKEND SPA € 289.00

- 2 Entries to the wellness area for 3 hours each
- 1 "Sali Sport" treatment – 50 min.
- 1 "Multimetodi Sport" massage – 50 min.

WEEKLY € 546.00

- 5 Entries to the wellness area for 3 hours each
- 1 "Sali Sport" treatment – 50 min.
- 1 "Decongest" massage – 50 min.
- 1 "Methode" facial treatment - 50 min.

PRECIOUS BODY POULTICES

KNOWLEDGE AND NATURE: A TRANSFORMATION FOR YOUR BODY



SOOTHING POULTICE (Lenitiv)

Decontracting and pain-relieving: a soothing poultice of Mud from the Dead Sea, together with essential oils Cloves, Cumin, Juniper and Pepper. During the treatment, the joints are delicately manipulated. Energizing emulsions complete the operation. Recommended together with the Decongest massage.

Total body application – 45 min. € 70.00

Localized application – 30 min. € 60.00

DRENATOX POULTICE

Detoxifies, regenerates and purifies: a perfect solution for the skin.

A combination of Seaweed from Galatea and precious essential oils in a poultice with a strong draining and purifying effect.

Total body application + draining massage

30 min. € 65.00

SENSATION POULTICE

Sensorial poultice with a stimulating aphrodisiac effect, awakening the feel-good chemical. Damiana and Brazilian Pepper in an intriguing combination of exotic aromas ad intense sensory experience.

Total body application – 45 min. € 70.00

HYDRAGENERA POULTICE

A mask of Papaya for the body, an effective antioxidant with a nourishing and anti-ageing effect, gives the skin a uniform colour with a pleasant draining effect and improves the appearance of the body. In conclusion an application of Herbal Water to balance the pH and the super-moisturizing emulsion.

Total body application – 45 min. € 70.00

MOTHERS: SPECIAL PREGANCY

BALANCE, VIGOUR, LIGHTNESS BETWEEN IDENTITY AND NEW LIFE



FACIAL CLEANSING: A SOFT TOUCH

(Pulizia Viso Dolce Tocco)

Rebalancing and decongesting, purifies the skin in depth leaving a pleasant sense of freshness. The face regains a bright and vital skin tone.

Facial cleansing + sequential massage - 50 min. € 65.00

DRENARELAX FACE MASSAGE

(Massaggio Drenarela Viso)

Specific techniques on face, head, neck and shoulders to donate to your face relaxed features and a vital expressiveness, while bringing your mind to a state of clear and peaceful rest.

Face massage – 25 min. € 44.00

DREAM BATH (Bagno dei Sogni)

Dripping of precious butter and warm oils on the head and body to nourish and elasticize both skin and hair. You will be enveloped with a linen cloth and receive a poultice with Aloe and Karité emulsions. Cocooned in an enveloping shell where you can relax and forget about everything else.

Total body poultice – 50 min. € 85.00

HATMA SPECIAL STOMACH MASSAGE

(Hatma - Magia del Ventre)

A specific relaxing massage that improve the elasticity of the tissues and the fluidity of the joints. A touch that shapes present and future, giving a renewed balance to a woman and to her changing body.

Total body massage – 50 min. € 83.00

ENERGY PROGRAMME (Mamma Energy)

Stimulating after childbirth: to quickly go back to the old natural shapes and generate new vigour and energy both mentally and physically.

Total body massage – 50 min. € 78.00

SWEET SALT (Dolce Sale)

A soothing and draining treatment that eliminates the sense of fatigue. A remineralising peeling massage with the Salts of the Dead Sea and precious oils; well-being for the skin, energy and lightness for body and mind.

Total body massage = massaged application of salt mixture – 50 min. € 105.00

RECOMMENDED PROGRAMMES

DAY SPA € 151.00

1 "Dolce Sale" total body massage including face and scalp – 50 min.

1 "Drenaton facial" massage

+ specific mask application – 30 min.

WEEKEND SPA € 141.00

1 "Dolce tocco" facial cleansing – 50 min.

1 "Hatma Magia del Ventre" massage – 50 min.

WEEKLY SPA € 231.00

1 "Hydraderm" facial treatment – 50 min.

1 "Punti Cardinali" massage – 45 min.

1 "Bagno dei Sogni" poultice – 50 min.



TREATMENTS FOR TWO

BEING A COUPLE, COMPLICITY AND WELL-BEING

ELYSIUM SUITE SPA

The complicity and the harmony of the couple embraced by the steamy mist and the intense warmth of the Finnish sauna, the double tub and refreshed by the comfort and the flavors dedicated to you in the relaxation area with seaview.

120 min. € 149.00 per couple (minimum 2 persons)

SPICES SENSES TREATMENT

(Trattamento Sensi di Spezia)

To stimulate your joy, awaken your senses and brighten up your silken skin.

Simultaneous manual technique and an enveloping massage with warm Karité Butter and Brazilian pepper, shower for two and velvety fluid.

Total body massage + scrub with a sweet spices fragrance - 50 min. € 105.00 per person

ELYSIUM RITUAL (Rito Elysium)

A synchronic wave of Well-Being to celebrate the harmony of togetherness: a massage by two skilful experts, taking you simultaneously through a series of marvellous sensations made of warm oil and precious essences. A pleasant and intimate tasting will take place at the end of the treatment.

**Total body massage + scrub with sweet spices aroma + access reserved to the Elysium suite spa + tasting
120 min. € 158.00 a person**

RECOMMENDED PROGRAMMES

DAY SPA* € 185.00

- 1 Entry to Elysium Suite Spa for 2 hours
- 1 "Sensi di Spezia" treatment – 50 min.
- 1 "Anti-stress facial mask" (during application of body treatment) – 10 min.

WEEKEND SPA* € 286.00

- 1 Entry to the Elysium Suite Spa for 2 hours
- 1 "Rito Elysium" treatment – 120 min.
- 1 "Punti Cardinali" massage – 45 min.

WEEKLY SPA* € 594.00

- 4 Entries to the Elysium Suite Spa for 2 hours each
- 1 "Rito Elysium" treatment – 120 min.
- 1 "Hydraderm" facial treatment – 50 min.
- 1 "Sensazioni di Spezie" body massage – 50 min.

*price per person with exclusive use of the Elysium Suite Spa, minimum 2 persons





View from the Spa

MASSAGES

HATMA ESSENCE MASSAGE

(Hatma - Essenza)

The dream and awakening ritual: anti-stress and for a good sleep, it gently elasticises body and mind. Expert manual techniques and warm oils for a soothing sensation that the expert shapes around you working on multiple parts of the body simultaneously. Every tension disappears, the muscles relax and you are reborn into an intense sense of lightness.

Total body massage (including head) + hot towels treatment – 50 min. € 98.00

HATMA CARDINAL POINTS MASSAGE

(Hatma - Punti Cardinali)

An anti-stress massage at the energetic centres of your body: a decongestant technique of compression and decompression on the joints, to discover the heart in every extremity.

Facial, scalp and foot massage 45 min. € 68.00

AROMATHERAPEUTIC MASSAGE

(Aromaterapico)

The scents of nature act to reawaken memories and emotions. A pleasant massage with essential natural oils chosen by you together with the benefits of warm compresses.

Total body massage – 50 min. € 78.00

SPICES SENSATIONS MASSAGE (Sensazioni di Spezie)

Relaxing and enveloping, with a Brazilian pepper aroma to stimulate your joy and reawaken your senses. A harmonious perception of body and mind.

Total body massage – 50 min. € 78.00

4 HAND MASSAGE (A 4 mani)

A massage performed by two operators: double stimulations, double physical and mental distension to amplify the perception of the entire body and increasing the sense of energy and lightness.

Total body massage – 50 min. € 135.00

SHAPING MASSAGE (Modellante)

A deep, connective, anti-cellulite, total body massage: indirect, reflects and localised manual technique to stimulate the compressed panniculus of the cellulite. Gives new vitality to the tissues and shapes your figure.

Total body massage – 50 min. € 78.00





TONIC MASSAGE

Double action massage: firming and energizing to reawaken your vital energy, give firmness and vigour to the tissues.

Total body massage – 50 min. € 78.00

MULTI-METHOD SPORT MASSAGE

(Multimetodi Sport)

Preparatory manual technique to face successfully a physical performance with a draining effect and to invigorate your circulatory system. To face at best every effort and activity.

Total body massage – 50 min. € 78.00

MULTI-METHOD BALANCE MASSAGE

(Multimetodi Balance)

Draining, relaxing, decontracting, anti-stress and customizable manual techniques to satisfy all your needs: empathy, science, expertise and a powerful combination of techniques for a complete well-being.

Total body massage – 50 min. € 78.00

MYOFASCIAL MASSAGE (Miofasciale)

A deep and enveloping massage that activates a thin flow, bringing your body back to its natural elasticity, balancing the perception of your body, once again in harmony.

Total body massage – 50 min. € 78.00

SERENITY MASSAGE

Holistic facial, scalp and head massage:

A localized and concentrated action to calm your worries, giving a renewed balance to your body, mind and soul.

Localized massage – 25 min. € 48.00

DECONGEST MASSAGE

Decontracts muscles and joints and rebalances your posture, brings your body to a state of elasticity and dynamism, and consequently all psycho-physical alterations generated by congestions and rigidity are eliminated.

Total body massage – 50 min. € 78.00

LINFADREN MASSAGE

A delicate and relaxing massage that helps eliminate excess fluids. Soft preparation manual techniques on abdomen and joints, a stimulating massage on all the body for a sense of lightness.

Total body massage – 50 min. € 78.00

REPROGRAMLIFT4 FACIAL MASSAGE

(Reprogramlift4 Viso)

Reactivates the circulation, oxygenates the tissues and gives the face elasticity and firmness.

Relaxing and releasing manual technique with a plumping firming effect, stimulates the face muscles and gives it a new balance.

Facial massage – 20 min. € 49.00

Facial massage + specific mask application - 30 min. € 59.00

DRENATON FACIAL MASSAGE (Drenaton Viso)

Gentle draining technique to eliminate swelling from water retention that can add weight to facial features. Relaxed and toned face.

Facial massage – 20 min. € 44.00

Facial massage + specific mask application 30 min. € 54.00

FACIAL WELL-BEING TREATMENTS



FORMATONIC FACE/BUST TREATMENT

(Formatonic Viso/Seno)

Tonicity and seduction

A treatment suitable for every skin type, dedicated to the face, neck, décolleté and bust. A tonifying massage, a mixture of active ingredients, smoothing and energizing, enhancing your charme.

Treatment + massage and mask with sequential application - 50 min. € 90.00

AROMATHERAPEUTIC AND BIODYNAMIC FACIAL CLEANSING

(Pulizia Viso Biodinamica Aromaterapica)

Vitality and purity of the skin, gives it charm and freshness

A mixture of specific Waters to regulate the pH, trace elements to boost your energy, precious essences that activate cellular renewal, absorbent and revitalizing masks.

Facial cleansing + massage and masks with sequential application – 50 min. € 65.00

FACIAL CLEANSING SOFT TOUCH

(Pulizia Viso Dolce Tocco)

The soft touch that illuminates

Rebalancing and decongesting, purifies the skin in depth and leaves a pleasant sense of freshness. The face reacquires a bright and vital look.

Facial cleansing + sequential massage - 50 min. € 65.00

PURIFY TREATMENT

The perfection of purity

Mechanic and enzymatic peeling along with precious minerals, oils rich in vitamins with a purifying and stimulating effect and specific manual techniques to give the skin a renewed appearance.

Facial cleansing + massage and masks - 50 min. € 65.00

HYDRADERM TREATMENT

Ideal to moisturize the skin

Nourishes the skin, gives the tissues their natural cellular vigour, nourishes the face and gives it elasticity and beauty. Aloe Juice, precious Oils of Jojoba, Hypericum, Sunflower and a moisturizing Cornflower poultice for a beautiful and clear face.

Treatment + massage and mask with sequential application – 50 min. € 90.00

SENSITIVE TREATMENT

Vigour and health, intense expressive energy

Designed to soothe widespread skin reddening, strengthens and restructures fragile and sensitive skin with rosacea. The treatment has an anti-radical and anti-stress effect: Mallow and Chamomile Herbal Water, with the rebalancing energy of trace elements to balance surface heat, flavonoid-rich serums, cream with a decongestant effect.

Treatment + massage and mask with sequential application – 50 min. € 72.00

AURUM TREATMENT

Anti-radical and anti-ageing effect, for a perfect face shape

A treatment that stimulates cellular functions and collagen production, giving the face the light of timeless beauty. High quality active principles, natural crystal-clear liquids, vitamin complexes, regenerating Aloe Vera and Green Tea wraps.

Treatment + massage and mask with sequential application – 50 min. € 90.00

HATMA RAYSANA TREATMENT

Special anti-ageing treatment with lifting effect

Nature, tradition and innovation combined in one powerful treatment: a flow of energy going from the body to the face designed to give firmness and a youthful appearance to the features. Rebalancing wrap, compression and decompression massage of the joints, foot bath with Salts from the Dead Sea and Herbal Powders, scalp massage.

Facial, head and joints massage + mask + foot bath – 80 min. € 128.00

METHODE TREATMENT

Youth and tone, the smile of rebirth

A treatment aimed at rejuvenating the skin, strengthens structures to ensure maximum hydration. The skin becomes visibly firmer, more toned, fresher, recaptures youth and has a brighter and natural appearance.

Treatment + massage and mask with sequential application – 50 min. € 90.00

“PUSH-UP” FACIAL TREATMENT

(“Push-Up”Viso)

Tone, freshness and volume

Acts on the facial expression muscles, combats gravity with instantly visible results: the face regains tone, freshness and volume.

Treatment + massage and mask with sequential application – 50 min. € 108.00

OMEGA REGENERANS FACIAL/EYE AREA TREATMENT

(Omega Regenerans viso/occhi)

Technology, charm, magic glance

A sequence of specific massages and highly effective, latest generation active principles with a plumping, antioxidant effect, which prevent free radicals from forming.

Brightens up the face, relaxes the features and has an anti-ageing effect, a true beauty elixir.

Treatment + massage and mask with sequential application – 50 min. € 108.00

VITA-UP PROGRAMMES

AN EFFECTIVE PACKAGE TO FIND A
RENEWED VITALITY AND TIMELESS BEAUTY;
PERFORMED IN SEQUENCE TO INCREASE
YOUR WELL-BEING

FORMADREN

A special draining programme designed to achieve a more harmonious figure and a lighter, more vigorous body, donating physical and mental energy and vitality.

Single body treatment – 80 min. € 139.00

Single facial treatment – 50 min. € 75.00

Package of 3 body treatments

+ 1 facial treatment € 467.00

FORMATONIC

This package focuses on two core elements: draining and toning. Tone your body, mind and skin, stimulate the elimination of toxins and revitalize your vital organs.

Single body treatment – 50 min. € 105.00

Single facial and bust treatment – 50 min. € 75.00

Package of 3 body treatments

+ 1 facial/bust treatment € 370.00

OMEGA REGENERANS

Active ingredients with high content of Omega 3-6-9 fatty acids, high performance with cleansing action, anti-radical and anti-ageing. Created based on the requirements of instantly visible results.

Single body treatment – 50 min. € 114.00

Single facial/eye treatment – 50 min € 108.00

Package of 3 facial treatments € 308.00

Package of 3 body treatments € 325.00

Package of 3 body treatments

+ 3 facial treatments € 633.00



DRAINING-TONIFYING-REVITALIZING PROGRAMME

(Percorso Dreno-Tonico-Rivitalizzante)

A perfect treatment all-in one to purify, tonify, re-mineralize and vitaminize the body, for a deep vital beauty.

FORMADREN + FORMATONIC + OMEGA REGENERANS carried out in a sequence to enhance its benefits, entrusting every aspect of our being to an authentic holistic experience.

**Complete programme of 9 body treatments
+ 5 facial treatments € 1,470.00**



BEAUTY SERVICES

THE UNIQUE BEAUTY OF SMALL DETAILS

THE CLASSICS

MANICURE

30 minutes – € 19.00

Semi-permanent shellac application - € 38.00

PEDICURE

50 minutes - € 35.00

SHELLAC

Long-lasting shellac application – € 8.00

Semi-permanent shellac application - € 27.00

HAIR REMOVAL

Or other beauty services available on request

THE SPECIALS

SPA MANICURE

Your hands say a lot about you and are the symbol of our identity. We present ourselves with them every day, we say thanks, we give and we receive. A well-done and caring manicure, a beauty treatment with an instant lifting effect; a gentle exfoliation, an enveloping massage for caress-proof hands.

45 minutes – € 38.00

SPA PEDICURE

Pedicure combined with a soothing foot bath of Herbal Powders, a smoothing foot bath with Salts from the Dead Sea, a refreshing and moisturizing poultice made of precious aromatherapeutic essential oils that eliminate tensions and please your feet.

60 minutes - € 58.00

MASSAGED HAIR REMOVAL

Hair removal for her and for him performed with hot towels, products and techniques chosen to obtain a smooth, fresh skin and free from folliculitis.

€ 15.00 extra on the service requested.





View from the spa

SPA ETIQUETTE



SPA UPON RESERVATION ONLY: the best of our hospitality will always be at Your service.



MOBILE PHONE USE AND CONVERSATIONS: Complying with the etiquette of respect for the other guests and to achieve at best the benefits of the programmes offered, we ask you to please speak with a low voice tone and to observe the silence. Filming and taking photos inside the spa is strictly forbidden.



CANCELLING A RESERVATION: please inform us if you decide to cancel your booked treatments by 6 pm of the previous day, otherwise you will be charged with the cost of the entire service.



PUNCTUALITY AND DELAYS: it is advisable to arrive at least 15 minutes in advance in order to relax in our relaxation areas and begin the treatments in a maximum state of relaxation. In case of a delay the full time of the treatment cannot be guaranteed.



PERSONAL HEALTH: We advise our guests with medical, heart or pressure problems to consult a doctor before booking treatments.



PREGNANCY: We advise expectant mothers to consult a doctor before booking treatments.



MINIMUM AGE: Children under the age of 16 are not allowed to access the spa and the relaxation area.



USE OF THE PAREO: Please wear the pareo in all common areas - except for the sauna and the steam bath. Please no bathsuit.



valid until
31/12/2023



Exentia

Private SPA Experience
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